



Canada Summer Games 2025 Road Cycling Team Selection Criteria and Athlete Guide

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1.0 Introduction

The Canada Summer Games is a quadrennial event that brings together over 3000 of the nation’s top young athletes to compete in 16 sports. All 13 provinces and territories participate in what is the largest regular multi-sport event in Canada. The 2025 event takes place August 8th to August 25th in St. John’s Newfoundland and Labrador.

Athletes receive travel to the Games, Team NB uniforms and clothing, food, and accommodations, passes to all sporting events, pins to trade or keep, and an experience that will last a lifetime. Velo NB is preparing a team to compete at the Games. The objectives of the program are:

2.0 Objectives

1. To place at least one athlete in the top 10
2. To improve team ranking from 2022
3. To develop the quantity and quality of junior NB cyclists
4. To develop the sport of cycling in New Brunswick

3.0 Athlete Eligibility Guidelines Canada Games Council

3.1 Canada Games Council

For the athletes to be eligible for selection to Team New Brunswick Canada Games Team, they must meet the following eligibility criteria:

- a) Athlete classification – men 16-20 as of December 31, 2025 – women 16-20 as of December 31, 2025 and NB is permitted up to two (2) U23 athletes – Para 16-35 as of December 31, 2025
- b) Athlete must meet all the eligibility requirements of the Cycling-Road Technical Package. – Appendix A

3.2 Velo New Brunswick Additional Eligibility Guidelines

In keeping with the goals of the Velo NB 2025 Canada Games team program, Velo NB mandates that certain requirements and conditions are met for athletes to remain eligible for the team. These are as follows:

a) Athlete must be a member in good standing of Velo NB prior to qualification and through to the conclusion of the Canada Games.

b) Attend the CCES anti-doping education session

c) Athlete must not participate in the Canada Games try-out, training, or selection process of any other provincial or territorial cycling association,

d) Athlete must complete and submit a Declaration of Intent - Canada Games Application form to Velo New Brunswick no later than November 30, 2024 (Appendix B)

e) Athlete must complete and submit the following documents within 14 days of selection to compete at Canada Games:

- A Velo NB Team Member Code of Conduct agreement
- A Velo NB Concussion document
- A Velo NB Social Media form
- A Velo NB Athlete Profile form
- A Velo NB Athlete Risk Agreement
- A Velo NB Remote Training Waiver

f) Attend a minimum of 4 Velo NB Camps and or training sessions held prior to selection for the road team.

g) Attend a minimum of 3 Selection Events for road athletes

h) Attend a minimum of 1 Selection Event for para-athletes

i) Attend the Team New Brunswick pre-Canada Games rally.

j) All Team Events follow the selection of the team.

k) A minimum 75% completion of the customized athlete training plan approved by coaches using “Training Peaks” or other online training platform and using training

equipment such as speed & cadence sensors, heart rate monitors, multi-sport watches and bike trainers.

l) Athletes who express an interest in the Canada Games team after September 30, 2024, deadline and prior to April 30, 2025, may be deemed eligible for the team. The athlete must provide a detailed history of their cycling training and competitions, including name and date of each event and draft legal race, age group standings, overall standings, and times. The Selection Committee will review the training and performance information provided and compare it to the volume of training and race experience achieved by the eligible athletes. If in the opinion of the Committee, the athlete is sufficiently prepared (knowledge and training) and of a similar performance standard to other committed and eligible athletes, and is a member in good standing, the Committee shall grant the athlete eligibility.

Failure to meet these participation requirements will be a withdrawal from the team unless the athlete obtains a General Exemption or a Coaches' Exemption. ^L_{SEP}

4.0 Definitions

4.1 Selection Committee

The Selection Committee will consist of the Velo NB president and the Canada Games cycling team coach for road, and the Canada Games team coach for MTB.

4.2 General Exemptions

General Exemptions can be requested for the following reasons:

- Illness or injury that prevents a cyclist from competing or fully training.
- Major family emergencies or serious illness or injury
- Academic obligations for university students writing or preparing to write exams.
- An athlete who misses a Velo NB scheduled Camp but is attending Selection Committee approved cycling events shall be granted an Exemption.
- Team members are expected to make cycling a priority and therefore Velo NB events should take priority above other sports; however, cyclists can request an Exemption if they are participating in a winter sport and have earned the right to compete in its provincial or national championship.
- Exceptional circumstances other than those above: if a cyclist faces other exceptional circumstances, s/he can apply for an Exemption and a ruling will be provided by the Selection Committee.
- General Exemptions must be requested in writing, preferably by email, to the Selection Committee. The Committee asks that Exemptions be requested at least 2 weeks in advance or as soon as possible. This helps to provide the Committee with time to respond to the requests before the event. Where an athlete makes a request for exemption based on illness or injury, the Committee may require the athlete to provide authorization from his/her attending physician to return to team training. ^[1]_{SEP}

4.3 Coaches' Exemptions

The coaching staff for the team may exempt cyclists from post-selection events where they judge that would be in the cyclist's best interest (e.g. need to rest nagging injury, suffering from burnout, etc.).

4.4 Long Term Injury or Illness

This means an illness or a significant injury that prevents a rider from participating in 3 or more consecutive Selection Races and makes participation in 4 permissible points scoring races impossible.

4.5 Selection Events

Selection Events include Selection Races and Exemption Events.

4.5.1 Selection Races

The Selection Committee shall designate certain events as Selection Races. Athletes that participate in these races shall be awarded points for team selection. Points cannot be acquired in non-designated events unless they are approved Exemption Events. Selection Races will take place between March 1, 2025, and July 4, 2025. The list of events will be published on the Velo NB website: <http://www.velonb.ca>.

4.5.2 Exemption Event

An Exemption Event is a cycling race or National Team training activity that is not listed on the calendar of designated Velo NB Selection Races, but that receives approval from the Selection Committee. These events can include, but are not limited to:

- National Team Road projects
- UCI Points awarding Road bike races

Athletes can apply to the Selection Committee to have high caliber events designated as Exemption Events. Requests must be directed to the Selection Committee, in writing and preferably by email, at least 3 weeks in advance of the event. The Committee will decide whether the event shall be designated as an Exemption Event, and how many points will be available to athletes through the event.

Exemption Events must be between April 1, 2025, and July 21, 2025. The Selection Committee's decision on whether to approve an event as an Exemption Event is not appealable.

4.6 Canada Games Camps

The Selection Committee will designate certain camps, clinics, information sessions, etc. held between October 2024, and team selection as Canada Games Camps.

4.7 Team Events

The Selection Committee will designate certain events following selection as Team Events.

4.8 National Team

National Team means Canadian National Cycling Team.

5.0 Selection Criteria

5.1 Team Size

The New Brunswick male road cycling team will consist of up to 4 riders and the New Brunswick female road cycling team will consist of up to 4 riders. The New Brunswick Para athletes' team will consist of 1 female and 1 male. The selection of the riders shall be determined from the results of the designated Selection Events.

The Selection Committee reserves the right to take less than the full complement of athletes to the Games. If in the Committee's considered judgment one or more cyclists

would not be competitive with the lower third of the cyclists at the Games, the committee has the authority to decline to select athletes who otherwise would be entitled to a position on the team.

5.2 Accumulation of Points

For selection to the road team, cyclists can include points gained from up to 5 road Selection Events.

Cyclists will ordinarily include only points from Selection Races. In exceptional circumstances, for example where a cyclist is unable to compete in a number of Selection Races because s/he is engaged in high caliber cycling activities outside New Brunswick, the Selection Committee may permit the cyclist to count points obtained at one or more Exemption Events. Athletes can apply to the Selection Committee for a determination as to whether they will be permitted to count points from Exemption Events.

No points will be awarded to athletes racing in Cat C, Cat D.

No points will be awarded to athletes racing in the U15 and U17 categories.

Points shall be awarded to male and female riders who are eligible for the New Brunswick Canada Games cycling team, according to the following scale:

Selection Race Points		(Position = Points)
Male & Female Athletes - Category A		
1 = 100	6 = 85	11 = 75
2 = 97	7 = 83	12 = 74
3 = 94	8 = 81	13 = 73
4 = 91	9 = 79	14 = 72
5 = 88	10 = 77	15 = 71
Male & Female Athletes - Category B		
1 = 75	6 = 63.75	11 = 56.25
2 = 72.75	7 = 62.25	12 = 55.5
3 = 70.5	8 = 60.75	13 = 54.75
4 = 68.25	9 = 59.25	14 = 54

5 = 66	10 = 57.75	15 = 53.5
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5.3 Injury/Illness Related Race Absences

The Selection Committee shall endeavor to provide multiple opportunities for athletes to enter races and attain points. In the case that an athlete is prevented by injury, illness, or exceptional circumstances from participating in an event, s/he will receive no points and no compensation.

In the case of a Long-Term Injury or Illness, the athlete may apply to the Selection Committee for additional points consideration. In such a case, the Selection Committee must satisfy itself that the rider has fully recovered or will fully recover his/her fitness before the Games. If this condition is satisfied, the Selection Committee may allocate that rider up to 85 points (6th place points) for each race missed.

5.4 Athlete Selection

The male and female road cycling teams will be selected as follows:

- A. 2 male and 2 female riders who achieve the top overall points totals from up to 5 road Selection Events (road race, time trial, and criterium) shall be selected to the road team.
- B. The male and female riders with the highest points total from Time Trial Selection Events not selected in Point A.
- C. The Selection Committee shall select additional riders to the team, considering the Committee Choice Criteria, until the number totals 4 male and 4 female athletes:

D. The Selection Committee can add 1 male or 1 female team member based on the Committee Choice Criteria.

E. The Selection Committee shall add up to 1 male and 1 female alternate based on the Committee Choice Criteria. [SEP]

F. 1 male and 1 female riders who achieve the top overall points totals from up to 5 para Selection Events (road race, time trial, and criterium) shall be selected to the para team.

5.5 Committee Choice Criteria

Committee Choice selections will be made in consideration of the following, and based primarily on evaluating athletes at camps, provincial, national, and international events in the years 2024 and 2025:

- Performance and Results, in all disciplines and including improvement.
- Competitive Behavior, including tactics and strategies, cooperation with teammates, effort and aggressiveness, position in pack, sporting behavior, etc.
- Technical Ability, such as road riding skills, time-trialing, climbing, descending, sprinting, cornering, riding in large groups, etc.
- Attitude and Experience, including coachability, leadership, commitment to cycling and the team, progress in performance, experience in national level events, adherence to team rules, attitude to others, the team, cycling, and sport.

If the Selection Committee cannot reach a consensus, decisions will be made by majority vote.

5.6 Ties

In case of a tie between athletes for a road team position, the 6th top result will be used to calculate their scores. If the tie is not broken, the 7th top result will be used to calculate their score. In the event of the tie not being broken after considering the 7th result, the

Selection Committee will select an athlete based on its opinion of which athlete is most likely to contribute most to the team's points. This decision is not open to appeal.

5.7 Alternates

If an athlete cannot attend the Games for personal reasons (e.g. injury, illness, death in family, etc.) or is dismissed from the team (e.g. code of conduct violation or failure to meet minimum participation requirements), an alternate shall be selected to replace him/her.

If 2 alternates were named, the Selection Committee shall choose the alternate with the greatest likelihood of contributing most to the team score, taking into consideration that the number of riders contributing to team score is 3 in the road events. The Selection Committee may consider training and performances leading up to and post selection. If the Selection Committee cannot reach a consensus, the alternate who attained the highest number of points in Selection Events shall be selected.

5.8 Timing

The team will be announced within 7 days of the final Selection Event for each discipline.

6.0 Appeals

The Velo NB Appeals Policy shall be used for all Selection Criteria Appeals. Appendix D

7.0 Appendices

Appendix A - Canada Summer Games 2025 Cycling Technical Package

[2025 Canada Summer Games Road Cycling Technical Package](#)

Appendix B – Declaration of Intent

Appendix C - Velo NB Code of Conduct

[Velo NB Code of Conduct](#)

Appendix D - Velo NB Appeals Policy

[Velo NB Appeals Policy](#)

Appendix E - INTENTION TO USE A SELECTION RACE OTHER THAN THE VELO NB INDICATED SELECTION RACES.

Velo NB - Intention to use a 2025 selection race other than an indicated selection race.

Name: _____ Date of Birth: _____

Parent's Name: _____

Address: _____

Email: _____

Telephone #: _____

2025 Sanctioned Road Race Submission: - attach racing results and website of race results:

Road Race Name: _____

Location of Race: _____

Race Website: _____

Race Results Website: _____

Date of Race: _____

Draft Legal: YES or NO

Overall Race Time and Placing: _____

Bike Distance & Time: _____